

Holy Communion
for the Thirteenth Sunday after Trinity
at Home due to Coronavirus COVID-19



The Benefice of Stoke by Nayland with Polstead and Leavenheath, and Nayland with Wissington

Spiritual Communion

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ.

In joining with Revd Mark today who will be celebrating the Eucharist from his home, you too are able to join with him in communion. The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves.

The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.

We have now begun to cautiously reintroduce Public Services in 2 of the 5 churches in the benefice. For the time being there will now be the following services available each Sunday:

9am – Simple Holy Communion – St James', Nayland

10am – Online Holy Communion – Facebook/YouTube

11am – Simple Lay-Led Morning Prayer – St Mary's, Stoke by Nayland

For practical reasons at the moment it is not possible to resume services in Leavenheath, Polstead or Wiston, but this will be reviewed regularly, and we will advise when these begin in due course.

Hymn – Ye holy angels bright

Ye holy angels bright,
who wait at God's right hand,
or through the realms of light
fly at your Lord's command,
assist our song,
for else the theme
too high doth seem
for mortal tongue.

Ye blessèd souls at rest,
who ran this earthly race,
and now, from sin released,
behold the Saviour's face,
his praises sound,
as in his sight
with sweet delight
ye do abound.

Ye saints, who toil below,
adore your heavenly King,
and onward as ye go
some joyful anthem sing;
take what he gives
and praise him still,
through good and ill,
who ever lives.

My soul, bear thou thy part,
triumph in God above,
and with a well-tuned heart
sing thou the songs of love;
let all thy days
till life shall end,
whate'er he send,
be filled with praise.

Richard Baxter (1615-1691) and John Hampden Gurney (1802-1862)

The Gathering

Minister: In the name of the Father,
and of the Son,
and of the Holy Spirit.

All: Amen.

The Greeting

Minister: The Lord be with you.

All: and also with you.

Prayer of Preparation

**All: Almighty God, to whom all hearts are open,
all desires known, and from who no secrets are
hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Prayers of Penitence

Minister: Our Lord Jesus Christ said:
The first commandment is this:
'Hear, O Israel, the Lord our God is only Lord.
You shall love the Lord your God with all your heart,
with all your soul, with all your mind,
and with all your strength.'
The second is this: 'Love your neighbour as yourself.'
There is no other commandment greater than these.
On these two commandments hang all the law
and the prophets.

All: Amen. Lord, have mercy.

Minister: The gospel calls us to turn away from sin and be faithful to Christ. As we offer ourselves to him in penitence and faith, we renew our confidence and trust in his mercy.

All: Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed. We have not loved you with our whole heart. We have not loved our neighbours as ourselves. In your mercy forgive what we have been, help us to amend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. Amen.

The Kyrie Eleison

Minister: Lord, have mercy.

All: Lord, have mercy.

Minister: Christ, have mercy.

All: Christ, have mercy.

Minister: Lord, have mercy.

All: Lord, have mercy.

Absolution

Minister: Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

All: Amen.

Gloria in Excelsis

All: Glory to God in the highest, and peace to his people on earth.

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

The Collect

Minister: Let us pray.
Almighty God, who called your Church to bear witness
that you were in Christ reconciling the world to yourself:
help us to proclaim the good news of your love,
that all who hear it may be drawn to you;
through him who was lifted up on the cross,
and reigns with you in the unity of the Holy Spirit,
one God, now and for ever.

All: Amen.

New Testament Reading (*Romans 13:8-14 NRSV*)

Owe no one anything, except to love one another; for the one who loves another has fulfilled the law. The commandments, 'You shall not commit adultery; You shall not murder; You shall not steal; You shall not covet'; and any other commandment, are summed up in this word,

'Love your neighbour as yourself.' Love does no wrong to a neighbour; therefore, love is the fulfilling of the law.

Besides this, you know what time it is, how it is now the moment for you to wake from sleep. For salvation is nearer to us now than when we became believers; the night is far gone, the day is near. Let us then lay aside the works of darkness and put on the armour of light; let us live honourably as in the day, not in revelling and drunkenness, not in debauchery and licentiousness, not in quarrelling and jealousy. Instead, put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.

Minister: This is the word of the Lord

All: Thanks be to God.

Gospel Reading (*Matthew 18:15-20 NRSV*)

Reader: Hear the Gospel of our Lord Jesus Christ according to Matthew.

All: Glory to you, O Lord.

'If another member of the church sins against you, go and point out the fault when the two of you are alone. If the member listens to you, you have regained that one. But if you are not listened to, take one or two others along with you, so that every word may be confirmed by the evidence of two or three witnesses. If the member refuses to listen to them, tell it to the church; and if the offender refuses to listen even to the church, let such a one be to you as a Gentile and a tax-collector. Truly I tell you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven. Again, truly I tell you, if two of you agree on earth about anything you ask, it will be done for you by my Father in heaven. For where two or three are gathered in my name, I am there among them.'

Minister: This is the Gospel of the Lord.

All: Praise to you, O Christ.

The Creed

**All: We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from
heaven,
was incarnate from the Holy Spirit and the Virgin
Mary and was made man.
For our sake he was crucified under Pontius
Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living
and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped
and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of Intercession

Minister: For the spirit of peace in the Church and in the world, let us pray to the Lord.

Give to the Church perfect harmony among all her members, and let her witness never be hindered by the scandal of dissension. As we come together for worship, may our hearts be so filled with love for one another that we shall be as lights to the world.

Bring agreement between nations which are in dispute and distrust. Heal the anger of litigation and give a new spirit to those who profit from the disagreements of others.

If there is tension in our families, with our neighbours or with any we know, give us grace to confess our faults and to seek reconciliation. Bring harmony to all in this community who are held apart by anger and resentment.

Bless and relieve all who have been ruined by litigation or broken by disputes that have turned to bitterness. Restore those who suffer inwardly from their refusal to be reconciled. Have mercy on all in prison, granting them acknowledgement of faults and new hope for the future.

We pray for those who were gathered together in the name of the Lord when they were in this world and are gathered into the great company of the blessed in heaven. May the peace they now enjoy rest upon all who are still on their way.

We ask that our prayers may be accepted in Christ, in whose name we are gathered together.

Minister: Merciful Father,
**All: accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Liturgy of the Sacrament

The Peace

Minister: We are fellow citizens with the saints and of the household of God, through Christ our Lord, who came and preached peace to those who were far off and those who were near. *(cf. Ephesians 2:17,19)*
The peace of the Lord be always with you.
All: and also with you.

Preparation of the Altar

The Eucharistic Prayer

Minister: The Lord is here.
All: His Spirit is with us.

Minister: Lift up your hearts.
All: We lift them to the Lord.

Minister: Let us give thanks to the Lord our God.

All: it is right to give thanks and praise.

Minister: You are worthy of our thanks and praise,
Lord God of truth,
for by the breath of your mouth
you have spoken your word,
and all things have come into being.
You fashioned us in your image
and placed us in the garden of your delight.
Though we chose the path of rebellion
you would not abandon your own.
Again and again you drew us into your covenant of
grace. You gave your people the law and taught us by
your prophets to look for your reign of justice, mercy
and peace.
As we watch for signs of your kingdom on earth,
we echo the song of the angels in heaven,
evermore praising you and saying:

**All: Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Minister: Lord God, you are the most holy one,
enthroned in splendour and light,
yet in the coming of your Son Jesus Christ
you reveal the power of your love
made perfect in our human weakness.

Embracing our humanity,
Jesus showed us the way of salvation;

loving us to the end,
he gave himself to death for us;
dying for his own,
he set us free from the bonds of sin,
that we might rise and reign with him in glory.

On the night he gave himself for us all
he took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper he took the cup and gave
you thanks; he gave it to them, saying:
Drink this, all of you; this is my blood of the new
covenant which is shed for you and for many for the
forgiveness of sins. Do this, as often as you drink it, in
remembrance of me.

Therefore we proclaim the death that he suffered on the
cross, we celebrate his resurrection, his bursting from
the tomb, we rejoice that he reigns at your right hand
on high and we long for his coming in glory.

As we recall the one, perfect sacrifice of our redemption
Father, by your Holy Spirit let these gifts of your
creation be to us the body and blood of our Lord Jesus
Christ; form us into the likeness of Christ and make us a
perfect offering in your sight.

Look with favour on your people
and in your mercy hear the cry of our hearts.
Bless the earth,
heal the sick,
let the oppressed go free
and fill your Church with power from on high.

Gather your people from the ends of the earth to feast
with all your saints at the table in your kingdom,

where the new creation is brought to perfection in Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever. Amen.

The Lord's Prayer

Minister: Let us pray for the coming of God's kingdom in the words our Saviour taught us.

**All: Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

Breaking of the Bread

Minister: We break this bread
to share in the body of Christ.

**All: Though we are many, we are one body,
because we all share in one bread.**

The Agnus Dei

**All: Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**

Giving of Communion

Minister: Draw near with faith.
Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.
Eat and drink in remembrance that he died for you,
and feed on him in your hearts
by faith with thanksgiving.

**All: We do not presume to come to this your table,
merciful Lord, trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy so much as to gather up the
crumbs under your table.
But you are the same Lord whose nature is
always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood, that our sinful bodies may
be made clean by his body and our souls washed
through his most precious blood,
and that we may evermore dwell in him, and he
in us. Amen.**

The Minister receives communion on behalf of all those in our community who are unable to be present because of the Coronavirus.

Prayer after Communion

Minister: Let us pray.
God our creator, you feed your children with the true
manna, the living bread from heaven:
let this holy food sustain us through our earthly
pilgrimage until we come to that place where hunger
and thirst are no more;
through Jesus Christ our Lord. Amen.

**All: Almighty God, we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

Hymn – Bring to the Lord a glad new song

Bring to the Lord a glad new song,
children of grace extol your king:
your love and praise to God belong-
to instruments of music, sing!
Let those be warned who spurn God's name,
let rulers all obey God's word:
for justice shall bring tyrants shame:
let every creature praise the Lord!

Sing praise within these hallowed walls,
worship beneath the dome of heaven;
by cymbals' sound and trumpets' calls
let praises fit for God be given:
with strings and brass and wind rejoice
then, join our song in full accord
all living things with breath and voice;
let every creature praise the Lord!

After Psalms 149 and 150, Michael Perry (1942-1996) © Mrs B Perry/Jubilate Hymns

The Dismissal

Minister: May God, who gives patience and encouragement, give you a spirit of unity to live in harmony as you follow Jesus Christ, so that with one voice you may glorify the God and Father of our Lord Jesus Christ;
(cf. Romans 15:5-6)
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be amongst you and remain with you always.

All: Amen.

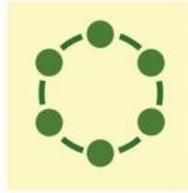
Minister: Stay at home in peace to love and serve the Lord.

All: In the name of Christ. Amen.



Saturday 12th September 2020

Speak with your churchwarden for more information



PARISH GIVING SCHEME

Like many other charities, our much valued Parish Churches in this Benefice are facing a significant reduction in income and giving as a result of many in our regular congregations still not being able to attend our Sunday and other services, this is in addition to the impact of having to cancel many significant fundraising events because of the virus. Whilst we are doing all that we can to mitigate our expenses we cannot reduce them entirely and so are reliant on all of you to continue to give as generously as you can to your church.

One of the easiest and most efficient ways to do this is via the "Parish Giving Scheme" this allows individual donors to set up a regular gift to the parish of their choice by Direct Debit.

You can now do this quickly and efficiently (it normally takes around 15 minutes) simply by calling the following telephone number:

0333 002 1271

You will need to have the following information to hand:

- Personal bank account details
- The name of the parish you wish to donate to (see below)
- You will need to confirm if you want to increase your gift in line with inflation each year (if you can please say "Yes")
- Confirm if you are eligible for Gift Aid

- The PGS code for your chosen parish (see below)

Stoke-by-Nayland, St Mary – **330633068**

Leavenheath, St Matthew – **330633059**

Polstead, St Mary – **330633064**

Nayland, St James – **330633062**

Wissington, St Mary the Virgin - **330633071**

Once you have signed up you will receive written confirmation (by email or post) of your Direct Debit, including details of the parish you are supporting, the amount of your gift and the date of your first donation.

If you are already signed up to the Parish Giving Scheme, thank you. Should you wish to make any changes to the amount you currently give you can notify a member of the PGS team by phone **0333 002 1260**, email **info@parishgiving.org.uk** or in writing to **“Parish Giving Scheme, 76 Kingsholm Road, Gloucester GL1 3BD”**

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